**Sunday Notices – 19 July 2020**

* Church open for personal prayer every Sunday from 2 to 4pm. Please observe the guidelines noted below.

**Please follow this guidance to protect you**

**and others whilst in the kirk**

1. Use the hand sanitiser provided, both as you enter and leave.

2. Stay at least 2 metres away from others at all times.

3. You do not have to wear a face-covering but if you wish to do so and do not have your own with you, just take one of the disposable face masks on the welcome desk.

4. Do not bring food or drink into the building. If you need a drink of water, ask a steward who will bring it for you. Take the empty cup away with you or put it in one of the bins provided.

5. Follow the one-way system around the building. In the central aisle or aisle leading to the toilet, please wait until anyone else in the aisle has left before entering it yourself.

6. Use only the areas in the pews or the individual seats marked with a ‘please sit here’ sign. (When you leave, please remove the sign from the back of the pew or seat and leave it face-down, so that the space is not used by anyone else before being cleaned.)

7. If you need to use the toilet and it is already occupied, do not wait outside the door. Please wait in the main building, ensuring you are a safe distance from others.

8. Please catch coughs or sneezes in a tissue and put the tissue straight into one of the bins provided. If you need a tissue, there are some on the welcome desk.

9. If you feel unwell and need assistance, please attract the attention of a steward, who will assist you if possible.

**Thank you for your co-operation**

* Peace Pathway – open in the kirkyard throughout July and August from 8am to 8pm as an opportunity for meditation and prayer.
* Safe Families – Online training for those interested in volunteering with Safe Families has been organised for Thursday 30 July and Tuesday 25 August from 7 to 9pm. Sign up at https://Safe Families.uk/volunteer. Further information available from Eleanor Grieve or at scotland@safefamilies.uk.
* BYOC (Bring Your Own Cuppa) – Wednesday 22 July, 10.30am-12.00 – zoom gathering for a chat and coffee – login details available from Gary Ross, further details from Alastair Cameron.