

Welcome to Liberton Kirk's "Peace Pathway" in this peaceful place. There has been a place of worship here for over a thousand years—since the Celtic Christians brought the Good News of Jesus. Wars, disasters and pandemics have come and gone, inflation has gone up and come down, governments and leaders have changed. The present church building has been here for over two hundred years, standing at the top of the hill as a beacon of hope, a place of sanctuary and peace. Liberton Kirk is in a time of change, however. We became part of SEECOS (South East Edinburgh Church of Scotland) last year, and then our Minister, John Young, retired at the end of April this year, and a new appointment will take some time. We've had to cut down the creeper which covered the front of the church too!

In these summer months particularly, you are invited to pause for a while to experience the peace which exists in this holy place and to draw just a little closer to God. The world around us is hectic and at times disturbing, but there is beauty all around us. In a world where wars rage across the continents, and uncertainties abound, there is also peace if we look for it.

You are invited to walk round the eight "stations" (and round the church building). The stations are marked with numbered stones on the ground and the first is just round the corner to the left of this notice. Sit for a while on the benches, take a little time to read the sheets and, if you wish, to pray the prayers which are there for you. Please switch off your mobile 'phone now so that neither you nor anyone else in the garden will be disturbed.

You can look up any Bible quotes on Bible Gateway on the internet choosing the NIV translation. The whole script for the Peace Pathway (along with previous Words for Today) is on the church website, www.libertonkirk.net

"Peace I leave with you; my peace I give you.

I do not give to you as the world gives.

Do not let your hearts be troubled and do not be afraid."

(Jesus' words not long before his death, found in the Bible at John Chapter 14, verse 27)



THE WORD FOR TODAYThe Bible speaks in today's world



1

This Kirkyard is a peaceful place, even though it is in a city. That doesn't mean that there is no noise or disturbance. Even in the most peaceful spots there are always noises around us—perhaps birds or animals or water, or even golfers—competing for attention.

What can you hear now? Perhaps it is traffic in Kirkgate or an ambulance or police car in the distance, people's voices, or birds singing. Perhaps someone is cutting the grass! Listen to each sound . . . and then put it to one side.

What about the busyness of your mind, and your thoughts competing for attention? Things you have to do, things you've forgotten to do, people you need to speak to. Take each one . . . and then put it to one side. These things will re-surface when you finish this time of drawing closer to God.

Let God still your soul. Calm down and enjoy the peace of this place.

Be still quiet be still

You might like to use the prayer below, and to spend a few moments letting peace wash over you:

God of peace, still my soul calm my heart and mind until I find rest in you and know that you are God

"Be still, and know that I am God.

I will be exalted among the nations,

I will be exalted in the earth."

(found in the Bible in Psalm 46, verse 10)

Station 2 is facing you on the bench at the East corner of the church



2

Worries can weigh you down. We are often anxious about all sorts of things, but somehow today's world seems a more worrying place to be than it was. There is war on our doorstep in Europe; there are major world powers whose leaders are very unpredictable; elections world-wide are bringing changes which raise questions about the future, cyber attacks and artificial intelligence are mind-blowing. Our daily lives have their own worries: health concerns; the cost of living; the problems in the N.H.S. and the Care system; the loss of family and friends; scam threats; keeping children safe growing up. Who will we get as our next minister at Liberton Kirk? When will we get a new minister?

It is quite difficult <u>not</u> to find something to worry about. But worrying is debilitating and it doesn't help to sort out the problems. Jesus once asked the question, "Who of you by worrying can add a single hour to his life?" (Matthew 6:27)

Ask God to take the burden of your worries away, and to give you wisdom to know how to move forward. Why not pray now?

Lord, lift the burden of all my worries and anxieties from me.

Give me wisdom to discern those which I can do something about,
and to deal with them.

Let your peace flow over me and give me rest in you.

"Jesus said, 'Come to me, all you who are weary and burdened, and I will give you rest'.

Take my yoke upon you and learn from me, for I am gentle and humble in heart,

and you will find rest for your souls."

(found in the Bible in Matthew's Gospel Chapter 11, verse 28)



3

There are so many conflicts and unrest around the world that sometimes we despair of ever seeing a peaceful world. The war in Ukraine is close and the possible outcomes scary. We see so many families devastated in the Middle East and appalling destruction. The suffering in both Sudan and Yemen seems endless. With volatile and unpredictable leaders there is always the fear of nuclear war, and with secretive regimes we don't know what is going on behind the scenes.

Conflicts often begin with individuals who can't live at peace with their neighbours, who can't forgive, and who won't say "sorry". Yet we need each other. In the Covid pandemic we rediscovered the value of community, of living harmoniously together, of helping each other where needed, and that was one of the good things in that difficult time. We are realising, slowly, that too much isolation with 'phones and computers is not good for us. We need each other. Moreover, we need to be at peace with one another.

Are there people you can't forgive for things said or done long ago? Jesus taught us that as we forgive others, so God will also forgive us. Are there things in your own life you are ashamed of? Do you want to carry these things around, or do you want to let them go? One little word—sorry—this is between you and God. Jesus died on the cross for this—for you—to save you from your sins.

A suggested prayer:

God, I am sorry that I have done and said things which have hurt others, and things I am ashamed of.

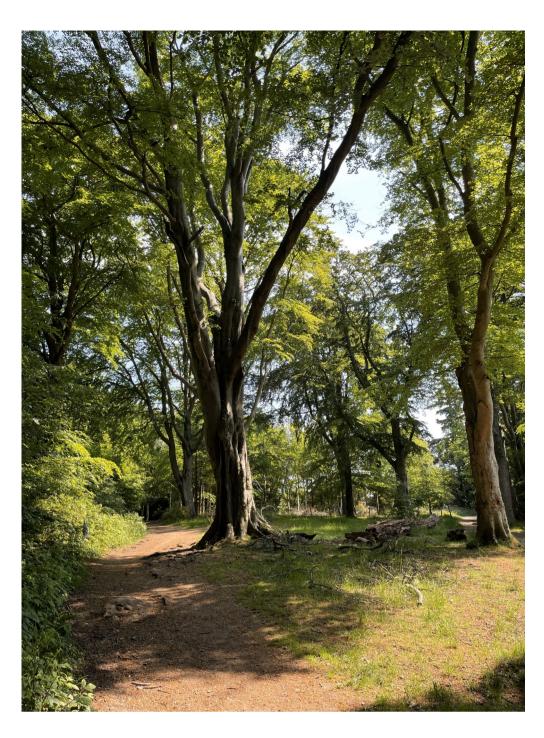
Thank you for the forgiveness you offer me through Jesus' death on the cross.

Help me to be as gracious in my forgiveness of others as you are in your forgiveness of me.

"In him (Jesus) we have redemption through his blood, the forgiveness of sins, in accordance with the riches of God's grace that he lavished on us with all wisdom and understanding."

(found in the Bible in Paul's Letter to the Ephesians, Chapter 1, verse 7)

Station 4 is further along this wall of the church



4

Do you ever wonder why you are here? Or whether God really cares about you?

Jesus once said that God cared for the wild flowers and the tiniest sparrows, and we should not doubt that he cared for us!

Feel your pulse—life is running through you. Life is a gift of God. Look at your fingertips—no-one else's fingerprint is the same as yours.

You are here because God made you, in his own image, a unique human being. He knows you and loves you and is always with you—remember that when you leave this Kirkyard today and let it colour your life. You are loved, and will always be loved.

You might like to use this prayer, or use your own words:

Thank you, God, for the precious gift of life.

Thank you, Father, for your love for me.

I pray that anyone needing love in their lives would know that you are with them always.

"How great is the love the Father has lavished on us, that we should be called children of God! And that is what we are!" (found in the Bible in the First Letter of John Chapter 3, verse 1)



5

One of the most powerful things we can do for others is to pray. If you are unable to help others in practical ways, you can support them in a very real way by praying for them. Prayer is talking to God, and you can do it anywhere. Take a few moments now as you sit and read this to pray for whoever or whatever concerns you at this time, and to give thanks for the people and things you really cherish. When the Peace Pathway is no longer in the Kirkyard this bench is still designated as a prayer bench. It is always there if you feel it helps to have a special place.

If prayer isn't a normal part of your life, do pick up a Try Praying booklet from the Offering House at the gate to the Kirkyard, or from the leaflet boxes on the railings across the road. And when you leave this peaceful place, remember to continue to bring your thanks and concerns to God in prayer at any time and in any place: he loves to hear from each one of us and to know that we care about each other and our world.

A suggestion for a prayer:

Lord, I give thanks for those who brighten my life with love

I bring before you those who need your love and care especially at this time

(Look on the other side of this board for a special prayer for peace just published by the Church of Scotland, which you might like to pray along with people across Scotland and beyond.)

"Dear friends, let us love one another, for love comes from God.

Everyone who loves has been born of God and knows God.

Whoever does not love does not know God, because God is love."

(found in the Bible in John's First Letter Chapter 4, verses 7 and 8)

This is an additional prayer related to Station 5, which is on the other side of this board.

In a time of increased global conflict, The Church of Scotland has published a prayer for peace that can be used by individuals and congregations to connect with God and one another as we pray for an end to suffering.

Loving God
Father, Son and Holy Spirit,
God in unity, God in community,
we pray for our world.

Where there is war between nations or within nations we pray for peace.

Where tensions are building we pray for calm.

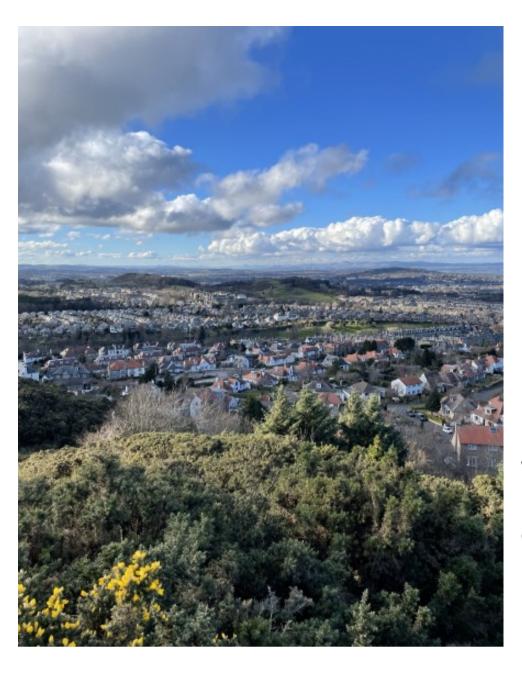
Where there is judgement and prejudice we pray for dignity and respect.

Where there is a break-down in relationship we pray for openness and understanding.

Where human hearts are breaking we pray for care and compassion.

Where there is sorrow and loss we pray for comfort and healing.

We pray for our world,
one world,
God's world,
enfolded in love,
living in unity and community,
this day and all days.
Amen.



6

We live in an amazing world. Yes, it's a living planet, which sometimes shows frightening destructive power, but its resources are immense—and it is just beautiful! There are many beautiful places in Liberton—we are so blessed to have lovely walks close by.

This planet is a great, God-filled gift ours to care for. We can call it "home". What a blessing! What a responsibility!

We know that our planet is being damaged by our lifestyle—things need to change. We know that everybody is not well fed and sheltered. We know there is more extreme weather and that sea levels are rising, bringing catastrophe to communities around the world. It's easy to think we can't make a difference, but the responsibility falls on each of us to change the way we live, to support aid agencies in their campaigns, to pray for the leaders of the nations to act, to pray for change. Are you doing all you can? Liberton Kirk is now an ECO Congregation which means that each one of us in any way connected with it has a particular responsibility.

You might like to pray this prayer:

Thank you, God, for the wonderful world you created as our home.

Help us to play our part in caring for it and looking after its resources.

Help all its people to be united in their care for each other.

Please guide the leaders of the nations to keep promises and take action.

"You made him (man, mankind) ruler over the works of your hands; you put everything under his feet."

(found in the Bible at Psalm 8, verse 6)



7

It's good to find a peaceful spot to sit and remember! It's good to remember—whether it is people we have known and loved who are no longer with us, or difficult times we have lived through. The Covid Memorial reminds us of those who suffered in the pandemic in so many ways, but it also brings to mind the many helpful and kind people we came across in those long months. The Cairn was built in 2015 to remind us of all those who have been "living stones" in the church here at Liberton over the centuries. The church here is a living community of people who worship and serve God not just on Sundays but as we go about our daily lives, and this cairn reminds us of our daily responsibility.

We long to see God's Kingdom come on earth—a Kingdom of love and peace and justice. Jesus calls each one of us to love God and to love other people as ourselves—that way we will be "living stones" in his church on earth today. Will you join us in making that commitment? Please pray this prayer:

Thank you, Lord, for the generations of people who have made up your church in Liberton over the centuries and particularly for John Young, a much-loved minister, just retired. Help me to play my part now in letting your love be known in my community and in trying always to follow Jesus.

"... you also, like living stones, are being built into a spiritual house" (found in the Bible in the First Letter of Peter Chapter 2, verse 5)



8

Sometimes in the summer the grass in this Kirkyard is covered with daisies. The flowers are cut off when the grass is cut but after a few days they reappear. It's the same in the spring with the dandelions. All the wild flowers in this Kirkyard and elsewhere in Liberton's fields and hedgerows open up to the sun to receive its life-giving warmth. As do the flowers in our gardens and parks.

It is only when <u>we</u> open ourselves up to God that the warmth of his love can enter deep into our hearts and restore our souls.

Let God love you
let God know you
let God heal you
let God speak to you
nray now

God, I want to know you.

I open my heart to you.

Come to me and renew me now.

"Find rest, O my soul, in God alone; my hope comes from him.

He alone is my rock and my salvation; he is my fortress, I shall not be shaken."

(in the Bible in Psalm 62, verses 5 & 6)

If anything you have read has prompted questions or if you would like to ask for prayer, please contact minister@libertonkirk.net and someone will get back to you.

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